

## CAÑO CRISTALES- LA MACARENA



¡Caño Cristales, Colombia's natural wonder, is a treasure no adventurer should miss! With its splendid beauty and fascinating diversity of colors, this river is much more than just a body of water; it is a natural spectacle that dazzles all who behold it. Caño Cristales welcomes you with open arms, ready to amaze you with its crystal-clear waters and vibrant hues. Don't miss the chance to explore this natural gem of South America and immerse yourself in its unparalleled beauty!

### IMPORTANT DESTINATION ASPECTS:

- This package can only be developed during the destination's season: June to November.
- Children under 5 years old are not allowed. The ideal age for a child to complete the tour is 10 years.
- This package applies to arrivals in La Macarena on Mondays, Thursdays, and Saturdays.
- Itineraries may be subject to changes without prior notice by National Parks and Cormacarena. Only one trail can be visited per day according to the parameters of the responsible entities, Cormacarena and PNN.
- If there are flight delays and you arrive in La Macarena after 1:00 pm, it will not be possible to visit Caño Cristales that day, and another tourist area in La Macarena will be visited instead.
- If flights departing La Macarena are moved up or leave before 9:00 am, only the sunrise observation activity in Caño Cristales will be carried out on the last day.
- Our destination operator is not responsible for flight delays or advancements.
- We ask for your understanding regarding itinerary changes. We will do everything possible to ensure you enjoy your visit to Caño Cristales to the fullest.
- Due to the native conditions of the destination, travelers need to have travel assistance insurance. Additionally, since 2016, a yellow fever vaccination certificate is required at the airport immigration in La Macarena. The vaccine must be administered at least 10 days before the travel date.
- If Caño Cristales and other ecotourism attractions associated with water resources pose a danger, such as a sudden increase in water levels, environmental authorities, along with the "Municipal Council for Disaster Risk Management," will determine the temporary closure of these areas until the risk situation passes.
- The entry of liquids in plastic bottles, as well as synthetic and disposable cords, is prohibited.
- The opening and closing of Caño Cristales depend on weather conditions.
- Visitors must carry their lunches and water for the hike.



### GENERAL RECOMMENDATIONS:

- We recommend bringing only one change of clothes for the trip. That is, the same for the outbound and return journey.
- A change of clothes for hiking (long-sleeved shirt, pants that can be converted into shorts – the best ones are quick-drying fabrics).
- Avoid jeans as they take a long time to dry and can be uncomfortable. Swimsuit.
- A set of fresh clothes for sleeping, preferably long-sleeved, to prevent insect bites.
- Comfortable sneakers for walking or sandals for river hikes. (If staying in rural accommodation, we recommend bringing rubber boots. They can be purchased in La Macarena for \$25,000 COP and, if desired, donated to someone in the area). Bath sandals.
- Identification documents.
- Camera and spare batteries. Also, a case to store the camera. Sometimes it rains or rivers need to be crossed, and it could get wet.
- Small/travel towel, preferably quick-drying.
- Thin waterproof jacket or poncho.
- Headlamp with spare batteries.
- Personal hygiene items and medications.
- Small hands-free backpack that can be used on the flight (maximum 10 kg of luggage) and during hikes. Do not bring wheeled suitcases.
- Natural insect repellents that are eco-friendly and do not contaminate the river.
- Sunscreen only if it is eco-friendly. Ideally, avoid bringing sunscreen as it leaves oily residues in crystal-clear waters.
- Hotels in La Macarena do not have hot water. Shower water is at room temperature.
- Toilet paper stored in a small bag in the backpack for hikes.
- Canteen. Binoculars. Hat or cap and sunglasses.
- Mask or swimming goggles. One of the activities available is snorkeling and apnea. Underwater photography is also possible. For this type of photography, specialized cameras or cases to protect and submerge them are available.
- Keep in mind that La Macarena is a small municipality undergoing tourism development, with tourist-category hotels offering basic services.
- It is important to understand that the meals included in the plan are prepared by community members, based on typical regional products, avoiding the use of products from other regions.
- There is no mobile data signal in the municipality of La Macarena.

